

ALL THE BEST FOR YOUR FAMILY

COOKIEMAG

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KIM RAVER

from *Lipstick Jungle* to the gym

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THE RELATIONSHIP

ask mrs. young

Lack of frequency got you out of alignment? Our sexpert recommends a homework assignment.

When your week is over, you can log on to cookiemag.com/go/sexchallenge to take a quick survey about your experience. By answering a couple of queries, you will automatically be entered to win a three-night trip for two, including airfare on Air Jamaica, to Jake's hotel in Jamaica. I expect the winner to make good use of those three extra nights. ♡

Mrs. Young lives in New York City with her husband and children. She'll be taking the challenge, too, so no excuses!



COOKIEMAG.COM

Enter to win a trip for two to Jamaica at cookiemag.com/go/sexchallenge. NO PURCHASE NECESSARY. For sweepstakes rules and details, see page 116.



WIN IT

web exclusives

WIN IT

SWEETSTAKES: MRS. YOUNG SEX CHALLENGE

Enter for a chance to recharge your love life with a three-night stay at Jake's in Jamaica. Airfare provided by Air Jamaica. cookiemag.com/go/sexchallenge

*NO PURCHASE NECESSARY. For full rules and details, see page 116.



PLUS
the best
winter jackets
for your family

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