

# JAKES

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## **Jake's Off-Road Triathlon Comes To Town as Treasure Beach Heats Up!**

South Coast Jamaican Community Becomes Sports Mecca of the Caribbean

TREASURE BEACH, JAMAICA – The Caribbean's oldest and most honored off-road triathlon (19 years, named top 5 off-road events world-wide) is gearing up for another wonderful week of training and triathlon culminating in the Jake's off-Road Triathlon on Saturday April 12, 2014. What may be a bigger story is that the host community, the little hamlet of Treasure Beach, has become a world-recognized magnet for sports celebrities, competitions and training programs.

In the past 3 years, the little (pop. 500) South Coast Community of **Treasure Beach** has:

- Been named best community in Jamaica
- Hosted a Jamaica v. Canada Olympic team boxing match
- Hosted Serena and Venus Williams tennis exhibition
- Hosted the World's 2<sup>nd</sup> fastest man – Jamaica's Yohan Blake – for a Track and Field exhibition.
- Hosted Spain's Valencia Soccer Club for a training session
- Hosted the House of Commons (UK) cricket team vs. a local squad.
- Built a military level permanent obstacle course within the Treasure Beach Sports Park (General Colin Powell Challenge Course).

See pictures & stories at:

<http://treasurebeach.tumblr.com/tagged/sports>

Additionally, for the second year, the trainers from Montreal's U.N.I. Training will be putting their clients through a full week of the "Roots Fitness Retreat"; triathlon and fitness training (including some wonderful visits to Treasure Beach schools as well as spa and yoga) culminating in the triathlon.

Check out some of the 2013 pictures and maybe join in: <http://unitraining.ca/roots-fitness-retreat-2014/>

All this and Treasure Beach still hosts the best triathlon event, anywhere - "Real. Roots. Triathlon". 500m.24k.7k – Individuals and teams welcome.

Check out Jake's hotel and triathlon poster at [www.jakeshotel.com/triathlon](http://www.jakeshotel.com/triathlon)

Register at Jake's Off-Road Triathlon at Active.com : [Active.com](http://Active.com)

Questions answered at [eventboss@gmail.com](mailto:eventboss@gmail.com)

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